

February 2018

United Church in University Place Newsletter

No matter who you are, or where you are on life's journey, you're welcome here.

A United Church of Christ, a United Methodist Church &
an LGBTQIA welcoming Congregation



February 11th - 11:30am in the Fellowship Hall Shrove Tuesday / Mardi Gras Celebration

We will celebrate the end of the season of Epiphany and the beginning of Lent with a pancake feast following worship on February 11th. The day before Ash Wednesday is called Shrove Tuesday, or more popularly known by the French term Mardi Gras, meaning "Fat Tuesday," a contrast to the fasting during Lent. It is also known as Shrovetide ("shrove" is an Old English word meaning "to repent"). The entire three day period has now come to be known in many areas as Mardi Gras. During this Shrovetide, people partied and ate up all the fatty foods which were forbidden during the 40 days of Lent. Fat Tuesday was named from the custom of eating meat, eggs, fat, and milk. Often pancakes were the meal of the day, so people could consume much of the soon-to-be- forbidden food. Many churches now observe Mardi Gras with a pancake meal, eating together as a community before the symbolic fasting of Lent begins.



There will be pancake races, mask-making, and coloring Alleluia banners. If you are able to help with the festivities, talk to Pastor Cathy. We will definitely need help that day! Following our meal, we will burn the palms from Palm Sunday 2017. The ashes will be used to make ash for our Ash Wednesday service.

Ash Wednesday February 14th

Join us for a meditative service at 7 p.m. to receive the imposition of ashes. In the ritual of Ash Wednesday, which begins the Lenten journey through the desert, we receive a cross-shaped smudge on our forehead.

The ashen sign reminds us that we are dust, and to dust we will return. We begin this journey marked with ashes, the sign of our mortality. In remembering that we will die, we are called to remember God who is the source of our life. The season of Lent invites us into wilderness places where we remember what is most essential to us.

As we prepare for our 40-day journey of Lent, we "turn around" (the root meaning of the word "repent") from the distractions of daily noise and focus our attention on listening in a deeper way. Writer Parker Palmer suggests we must listen *"to what our life is telling us"*, to listen to the deep wisdom God gave to us as a birthright, connecting to God's purpose once again.



From The Pastor

Worship during Lent at UCUP

"Come and Rest, Come and Listen"

A Worship Series by Dr. Marcia McFee

Come and rest, come and listen

Lay the fullness of your lives before the Maker

Come and rest, come and listen

There's a wisdom deep within that calls us closer



During the season of Lent this year, we will take an intentional journey of listening to the "still, small voice" of God within. This quiet voice is an attribute of the Holy Living God, as Elijah found out when he retreated to a cave where he expected to experience God in a big wind or an earthquake or fire. What is the "cave" you journey to when you need to feel God's presence with you. Perhaps a park, a path, a rocking chair, a shoreline - or perhaps there are practices - such as walking, journaling, reading, or creating - that helps you get quiet enough for long enough so you can hear past the chaos and into the depths of your life?

Ash Wednesday and the season of Lent invites us to "repent". The root meaning of this word is to turn in a new direction. It is this intentional "turning" or "re-orienting" ourselves toward the Holy that will characterize our season of Lent. What we pay attention to is what we are formed by.

During this season of Lent, the order of worship will begin in a very contemplative way. You will be invited into the quiet of the sanctuary, and invited to stay in a contemplative place to create a space for yourself and for others to be centered as worship begins. Announcements will come at the end of the service. During worship each week, we will take significant time to visit prayer stations, much like a mini-pilgrimage within our sanctuary. Moving from place to place for prayer is an ancient Christian practice, allowing the pilgrim to be inspired in different ways. There will be places to light a candle, write a prayer request for yourself or someone else, a place to let go of a worry or regret, perhaps kneel and pray, or simply spend some time at your seat and write insights about life and faith in a prayer booklet that will be provided. Others will be writing in that same booklet so that we can experience each other's wisdom-so keep that in mind when you write in the booklet. Perhaps there are things you heard deep within that you would want to share with someone else to help them in their journey? During this prayer time, we will also bring our tithes and offerings to a basket by the back exit, as we recognize that our offering is an offering of our very selves to God. The stations will be present every week during Lent as our individual Appointment with God during worship.

So let us begin this season of listening, of hearing that still, small voice and finding our own true selves. So, let us Come and Rest, Come and Listen.

Lent I: Finding Your Cave: Listening Space - February 18

Lent II: Finding Your Breath: Listening to our Bodies - February 25

Lent III: Finding Your Power: Listening for Healing - (Guest speaker: Kathleen Kenna) March 4

Lent IV: Finding a Word: Listening to the Text - March 11

Lent V: Finding Your Mystic: Listening Beyond the Voices - March 18

Lent VI: Finding Your Purpose: Listening to Your Heart -March 25

Lenten Soup Supper & Traveling the Prayer Paths of Jesus

Our Lenten study will be held Wednesday evenings, February 21st - March 21st from 6-8 p.m.

This year we will be Traveling the Prayer Paths of Jesus with devotions contemplating devotions written by Rev. John Indermark, who served as an interim pastor at UCUP for a few months during the Summer of 2011. We will also be using portions of Parker Palmer's book, *"Let Your Life Speak"*.

During our time, we will introduce different prayer practices you can use in your life, such as the Ignatian Daily Examen, Lectio Divina, Journaling, Prayer Beads, Praying in Nature.

Each week, different people sign up to bring a pot of soup, and others bring finger foods to share. Sign up sheet will be located in our entryway.

Last Sunday during worship on 1/28, we contemplated Jesus calling the disciples into ministry. We also celebrated UCUP's 48th birthday, and remembered the legacies of a few who are now gone but not forgotten. Congregants were invited to write on the fish provided in the bulletin where they feel God is calling them, or what they would like their legacy to be. During worship, people brought their fish forward to place in the fishing net. Here are a few responses:

Love of God; Care of our children; Pray for the world to be at peace
Thank you, Creator for allowing me to help others out of the abundance of my life
That those I encounter will find greater peace To love as much as I am loved
God is calling me to use my musical talents to praise God and to bring joy to others
Loving friend to those friends suffering loneliness and dementia
Use me O God...instill in me compassion for all - use my gifts to further the healing of the world.
Share with people that all are welcome and for me to serve God until the day I die.
Formation & Discipleship: so that others may experience God's love & grace more fully & deeply.
A Listening ear, creativity, little kindnesses, encouraging and supporting others,
helping those with special needs, faith and trust in Jesus! Joy!
Creative questions, substantial support, music Love & friendship; acceptance & grace.
To share good joy and positive spirit with all that I meet,
to use my gifts and talents for the betterment of all humanity
Surrounding others with Love. Protecting our environment, being a peace-maker
One who loves others without any judgment
To love, to learn and to teach and work to make a more just world
My call continues to be offering hospitality and friendship to all
To follow the Lord of the Dance To be a good parent
I am called to find my faith to live my life as God's Beloved
To show my Light to All as I continue on my Journey
To work with foster kids Caring for loved ones Create
I am called to witness about this church To be inclusive and welcome with kindness
My vocation is inspiring and helping students to find theirs
I feel God is calling my legacy to be a braver person and share my talents and trust this place as
a place that will lovingly support me in doing so.

From The Former President



I appreciated all the well-wishes I received on 1/21/18 during the service and at the annual meeting. I want to thank the board for the two years I was president for their acceptance of my leadership, such as it was, and for all the help I received. I don't believe we ever had a meeting during those two years for which we didn't have a quorum (some were close), so we were always able to act on church business. While my communication might have been somewhat sloppy, everything that was needed got done. I feel like the church is in a healthy place now, and I am glad that is true.

Best wishes to Chris Berry and the new board for the year ahead.

Thanks,
Robert Brown



Yesterday's organizing meeting at St. Leo's Catholic Parish was not attended by me. I hope you can reach out to someone who was there to find out what they learned.

Our next event is the **Interfaith Advocacy Day on Tuesday, February 20**. I have six people signed up to go, and while I don't need more, people can still tell me they are interested in going. There is no limit to this number. It only gets more expensive for lunch if you pay at the door.

If you want to check out FAN's legislative priorities, go to fanwa.org. There are five general themes, and then there are specific bills we want passed. The more you know about these, the more effectively you can be when speaking to your legislator. Also, even if you are not going to the advocacy day, please e-mail, write, or call about issues that are important to you.

Respectfully submitted,
Robert Brown



Musical on White Privilege

By being a member of the Pacific Northwest Conference's Committee to Dismantle the System of Racism, I learned of this musical that is being written and performed by members of two congregations in Seattle. The musical will be performed at **3:00 PM on Sunday, February 11** at Plymouth Congregational United Church of Christ in downtown Seattle.

After the musical is over, there will be some presentations, some discussion, and then dinner with the further chance for discussion. It seems like a really necessary time for folks who would deny that whites have extra privileges in this nation.

If you are interested in participating, please contact me by phone, e-mail, or after church. So far as I know, there are no tickets to the event.

Respectfully submitted,
Robert Brown



Joys & Concerns

THE GOOD NEWS is that United Church In University Place held it's 48th annual meeting on January 21st. There was pizza and sandwiches, pie and Robert Brown's short bread for all. There were reports that showed that United Church was very busy last year with our church family, the community and beyond. We were honored to have Cara Scriven, our United Methodist District Superintendent, with us for the Sunday service and the annual meeting. Our thanks go to Pastor Cathy and outgoing president Robert Brown for their leadership this past year. Thank you, Chris Berry, for agreeing to be our 2018 president.

For health reasons Doris Larsen moved to Toby Jones last month...thanks to the detective work of Pastor Cathy, we now know that Donna Shoe moved to Bridgeport Place following a stroke... Our condolences to Ardie Herbel on the death of her cousin Ruth...we give thanks that Aaron Young has recovered enough, from the fall he took off a ladder just before Christmas, to be in church on the 21st...Carol Shogreen sends greetings from her new home in Scottsdale, Arizona.

Please keep the three families, from The Housing Network, that were our guests for a week during January in your prayers. Tom Milligan and Kathleen Kenna worked hard to see that the week went well for them. Loads of people need to be thanked for the meals they served, for being evening hosts, doing laundry and especially for being overnight hosts, so: THANK YOU!

Please keep Helen Engle in our prayers as she continues to recover from the flu...Jenny Hartley recovering from a fall...Aaron Young as he continues to recover from his fall...Meredith Sage in the loss of her brother...as always we ask you to keep those that can't make it to church in your prayers: Dorothy Burkhart...Billie Jo Morgan...Joan Martin...Betty Smith...Yvonne Begeman.



**February 's item of the month for
MY SISTER'S PANTRY IS:
TOP RAMEN OR CUP OF SOUP**



HAPPY BIRTHDAY

8 Neva Laurie-Berry
16 Dorothy McCuistion
18 Helen Engle
21 Soren Fohrman
21 Jim Simpson
(29) Win Bjarke

Ushers

We have been going week-to-week without an ushering schedule. Please let me know if you would like to serve as an usher. I will add you to my list, and my hope is that we will finally make a schedule.

Respectfully submitted,
Robert Brown

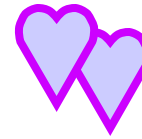
Days For Girls

February Meeting Dates:

Saturday, February 10th 10-2pm at UCUP

February 21st 3-6pm St. Andrew's Episcopal Church

S. 12th & Jackson Ave Tacoma



Join us for our monthly meeting & sew day.

Bring your sewing machine.

Don't sew? We have plenty of non sewing tasks.

Don't have time to stay? Stop in to pick up stuff to do at home, sewing & non sewing options.

Want to drop off donations? A list of needed items below:

Ziploc brand gallon size freezer bags

Hotel size soap

Girls underwear size 10,12 & 14 (briefs ideal hipster & bikini ok)

Thread: medium to dark colored 100% polyester

Sewing machines in working order

Fabric 100% cotton flannel & quilters cotton:

Good quality and appealing fabrics, stain-hiding patterns in medium to dark colors.

Botanicals, geometrics, and batik patterns are best. All fabric is woven - No knit fabric.

NO light colored fabric. NO eyes/faces (animals, fish, people, etc.); insects or snakes; camouflage, guns or hunting; NO solid fabric in saffron color (monk robe yellow) for Asia.

Avoid Cartoon, TV, Pop Culture, National Flags, or Girly Glam.

Teri Mattsen & Lori McDonald - Days for Girls, Tacoma WA Chapter Directors



Does a stroll through the park sound like a great way to spend your Saturday morning? At the Hunger Walk & 5K Run you can enjoy a morning of beautiful lake views and help your neighbors in need at the same time!

Team Registration information from Peace & Justice to follow.

Saturday, May 5, 2018

6:00 - 7:30 am: Day of Registration & Check-In (bib & shirt pick-up)

8:00 am: Run Begins

9:00 am: Walk Begin

Fort Steilacoom Park

8717 87th Ave SW

Lakewood 98498



Stay Active & Independent for Life (SAIL)

Stay Active and Independent for Life

I've been asked to write this piece about the S.A.I.L. exercise classes that Lou and I have been taking for adults 65 and over which are offered by Tacoma Metro Parks and the Washington State Health Assn.

and are given in many places around the Tacoma area. We happen to go the STAR Center on 66th off So. Tacoma Way.

The benefits are surprising - not only are we having a good time but we feel so much better - we have more energy, move better, are stronger, are more focused and sleep better. The classes are 1 hour long and consist of low impact cardio, balance and muscle strengthening exercises, and can be done sitting or standing. If any of the exercises cause pain you aren't to do them and you can modify any to your abilities. They are meant to be fun!

These classes are offered 2-3 times a week but not everyone can attend every time. We usually go 3 times if possible. The exercises are an evidence-based intervention for preventing falls in the elderly and the leaders are carefully selected for their ability to deliver effective and efficient training, while adhering to the core components of the SAIL program. For those whose insurance offers the Silver Sneakers benefit, the classes are free.

For more information contact:

<http://www.co.pierce.wa.us/688/Stay-Active-Independent-for-Life-Classes> or Metro Parks

Submitted by Marge Lehman

Reflection on Epiphany Spiral Service

Over 30 people came out to walk the Evergreen Spiral to bring in the Season of Epiphany, walking in with an unlit candle, lighting it from the Christ candle in the center, and leaving it along the path to pick up a star to take as a symbol that Christ is our Light. Rev. Leslie Ann wrote in her Annual Report this short reflection: "Our path is lit by those who have gone before us, and those who come after us will find their path lit by us." After contemplating the beautiful candlelight, we ate King's Cake and crowned the newest Wise Ones for the year.



Congratulations to our newlyweds

Jem & Hunter Ballou

Married on December 20th

And

AJ & Tim Rowatt

Married on December 30th (pictured)



Brown Baggers About to Begin New Book

The Brown Baggers Luncheon & Bible Study Group, **every Wednesday from Noon to 2:00 PM.** Please join us as we are about to begin reading *The Misunderstood Jew*, a study about the Church and the scandal of the Jewish Jesus by Amy-Jill Levine. Dr. Levine is a New Testament scholar in the Divinity School at Vanderbilt University. Books will be available for interested participants. We expect to start our new exploration around **February 7th**. Bring a lunch and your curiosity.

New Year's Eve - Seventh Day of Christmas Pageant

Many thanks to Neva Laurie-Berry for writing the humorous AND informational AND theological Christmas Pageant this year. Here are a few photos so we can remember how much fun it was. Tanya Sorenson, Nancy Moffett, and Chris Berry made a great supporting cast!



2017 Christmas Pageant Fun!



Peace and Justice Committee: Community Outreach Activity Update

Tour at Tacoma Community House

The Peace & Justice Team will receive a guided tour from Audra Hudson, a Global Mission Fellow serving at Tacoma Community House on Monday, February 12th from 10:30am-12pm. If you are interested in issues regarding immigration, this is a great way to learn more, and find ways to volunteer your time. Please talk to Pastor Cathy if you would like to join this tour.

Volunteering at My Sister's Pantry

My Sister's Pantry: opportunity to participate on Saturday, March 24th with the UCUP team - see Ruth Cannon to sign up. We will be filling food boxes, or handing out fresh foods, helping in the clothing closet or in the kitchen. Work will be found for everyone, and everyone will be needed. Hours are from 10am to 12:30pm. The Pantry is located in the lower level of First United Methodist Church located at 621 S. Tacoma Ave. just north of the County-City Bldg.



Stop by the bulletin board in hallway
new **Peace and Justice** postings and news from our
various benevolences.

January cheers as we make ready the Sunday meal for our sheltered families from **Family Housing Network**
(L to R) Ruth, Tom, Marilyn, Hank, Don and Vic.



Celebrating with **Tacoma Community House**
on their 108th Birthday.

(L to R) Pastor Cathy, Kay Shaben, Judy Thierry, and Global Mission Intern Audra Hudson



Pastor Cathy & Rev. Jim Davis with



**Tacoma's new mayor
Victoria Woodards**

Judy Thierry

Rev. Karen Yakota Love
(Pastor of Mason UMC) with Pastor Cathy

Audra Hudson (Global Mission Fellow)

On behalf of Peace & Justice Committee



Nominating Committee Annual Report for 2018

Many thanks to those who served in 2017. Here are UCUP's Officers and others who will serve in 2018. Thank you in advance for your good work! If you would like to serve on one of these teams, please talk to Pastor Cathy or Chris Berry, President.

President - Chris Berry; Vice President - Marilyn Thompson; Past President - Robert Brown
Secretary - Pat Mail; Treasurer - Jim Cash; Financial Secretary - Don Thompson; Assistant Financial Secretary - Dawn Foreman

Trustee 1 - Ruth Cannon; Trustee 2 - Cathi Cline; Trustee 3 - Vic Bode

Committee Chairs: Finance - Pat Mail; Staff Parish Relations - Laura Giddings; Facilities - Jim Cash; Communications - Nancy Moffett; Congregational Care - Pat Mail; Faith and Spiritual Growth - Robert Brown; Peace & Justice - Judy Thierry; Greening - Roger Martin; Worship & Adornment - Neva Laurie Berry

Delegates to United Church of Christ Annual Meeting: Neil Rader, Robert Brown, Marilyn Thompson; alternate, Norma Rader; Also attending as clergy members - Rev. Cathi Cline; Rev. Greg Kammann, Rev. Cathlynn Law

Lay Member to United Methodist Church Annual Conference - Rosemary Jones; Alternate - Pat Mail; also attending as Lay Leader - Nancy Davis; clergy members - Rev. Jim Davis, Rev. Leslie Ann Knight, Rev. Cathlynn Law, Rev. Angie Wolle

Committees:

Staff Parish Relations: Christine Long Crossley, Leslie Ann Knight, Pat Mail, Roger Martin, Tom Milligan, Nancy Moffett, and Laura Giddings, Chair

Finance: Don Thompson- Financial Secretary, Jim Cash - Treasurer, Dawn Foreman - Assistant Financial Secretary, Pat Mail - chair; also attending ex-officio, Lynne Jenks-Dudschus

Communications: Don Morgan, Kathleen Kenna, Elizabeth Scherman, and Nancy Moffett, Chair

Faith & Spiritual Growth (Fun & Fellowship): Rosemary Jones, Nancy Moffett, Neva Laurie-Berry, Janet Wicks, and Robert Brown, Chair

Worship & Adornment: Rosemary Jones, Nancy Moffett (paramentarian), Norma Rader, and Neva Laurie-Berry, Chair

Peace & Justice: Dorothy McCuiston, Cathi Cline, Marilyn Thompson, Hank Thierry, Christine Long Crossley, Kathleen Kenna, Janet Wicks, Ruth Cannon, and Judy Thierry, Chair

Facilities: Peter Burhop, Jim Cash, Don Morgan, Don Thompson

Other crucial volunteers:

Sound: Don Morgan; Scheduling ushers and re-stocking/cleaning sanctuary: Robert Brown

Newsletter folders and senders: Lou & Margie Lehman; Bulletin folder: Kris Schrantz

Family Housing Network: Tom Milligan & Kathleen Kenna

















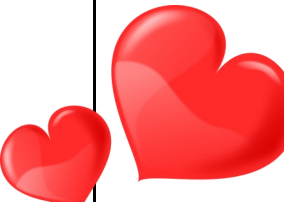
Reader Board: Tom Milligan & Hank Thierry

Facebook administrators: Nancy Moffett, Judy Thierry, Chris Berry

Liturgists: 1/3 of the congregation (let Pastor Cathy know if you would like to be a liturgist)

February 2018

Every Sunday — 10am Worship Service
10:15am Elementary Sunday School

	Mon	Tue	Wed	Thu	Fri	Sat
				1 7:30-9pm Choir Practice 	2 GROUND HOG DAY  UCC Mens	3 Retreat
4 Superbowl Sunday 	5 10am-3pm Needlers 	6 10am Cong. Care Mtg. 1pm Alzheimer Support Grp	7 Noon Brown Bagger Bible Study Group 6:30pm Finance Mtg.	8 7:30-9pm Choir Practice 	9	10 10am-2pm Days for Girls in Youth Wing
11 Evolution Sunday Mardi Gras Pancake Feast	12 TCH Field Trip 6:30pm Board Mtg.	13 Shrove Tuesday 	14 Valentines Day  Noon Brown Baggers 7pm Ash Wed Srv 	15 1pm Worship Mtg 7:30-9pm Choir Practice 	16 6:30pm Play, Boogie & Jam Night	17 
18 	19 Presidents Day	20 FAN Advocacy Day 9-3pm 6:30-8 Mens Group	21 Noon Brown Bagger Bible Study Grp Lenten Study	22 7:30-9pm Choir Practice 	23	24 10am-12pm My Sisters Pantry Volunteer Day
24 		27	28 Noon Brown Bagger Bible Study Grp Lenten Study	29 7:30-9pm Choir Practice 	30 	31

Church Contact

(253) 564-2754

office@ucup.org

pastor@ucup.org

www.ucup.org

Church Employees

Rev. Cathlynn Law

Office Admin: Lynne Jenks-Dudschus

Music Director: Jeff Andersen

Sunday School Teacher: Jem Wynn

Nursery Attendant: Addy Harding



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No matter **who** you are,
or **where** you are on life's journey, you're
welcome
here.

Newsletter

Vol. 36 No.2
February 1, 2018

**United Church In
University Place**

3912 Grandview Dr W
University Place, WA 98466



Weekly

Sundays

10am Worship Service
With Rev. Cathlynn Law

10:15am Elementary Sunday
School (4yrs to 11yrs)
10:15am Youth Sunday School
(12yrs & Up)

Wednesdays

Noon-2pm Brown Baggers
Luncheon & Bible Study Group

Thursdays

7:30pm-9pm Choir Practice
(Sept—May)

***We are United with God,
United to Love,
and United to Serve Others***

Monthly

1st Sunday of the month
Communion during worship

1st Monday of the month
10am-3pm Needler's Craft Group

1st Tuesday of the month
1pm Alzheimer's Support Group

3rd Tuesday of the month
6:30-8pm Men's Group:
Concerns in Our Hearts & Souls

3rd Friday of the month
6:30pm P,B & Jam Night
Bring your instruments!

4th Sunday of the month
11:45am 4th Sunday Forum